



**DONALD BEASLEY**  
INSTITUTE



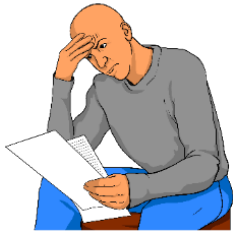
# My Experiences, My Rights: Supports and services



## Strand 3: Questionnaire

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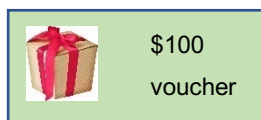
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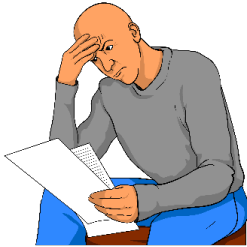


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# Before you read this document



This is a long document.

While it is written in Easy Read it can be hard for some people to read a document this long.



Some things you can do to make it easier are:



- read a few pages at a time
- have someone support you to understand it like a:



- family member
- friend
- support person.



# What is this document about?



This Easy Read document is from the Donald Beasley Institute.



The **Donald Beasley Institute** does a lot of important **research** about lots of different things.

The Donald Beasley Institute is also called the **DBI** for short.



**Research** is:

- looking at things that have happened
- finding ways do things better.



When you see the word **we** in this document it means the **DBI**.



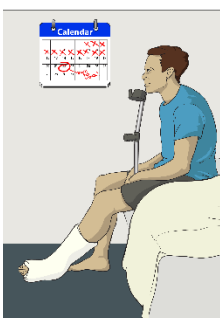
We are doing some research into how **supports and services** are **experienced** by:

- disabled people
- family / whānau / aiga of disabled people
- people who support disabled people.



**Supports and services** are things that support disabled people like:

- home help like cleaning
- places to live like residential homes
- accident support like **ACC**.





**ACC** is an organisation that can support you if you have hurt yourself.



**Experiences** are things in your life that:

- you have done
- have happened to you.



This document will ask you questions about your experiences of:

- supports in Aotearoa New Zealand
- services in Aotearoa New Zealand.

## Why are we researching this?



Disabled people have the same **rights** as everyone else.



**Rights** are things that everyone should have to live a good life like:

- having a safe place to live
- having enough food to eat.



Supports and services are part of how disabled people use their human rights.



Sometimes disabled people do not:

- get the right supports and services for them
  
- get any supports or services.

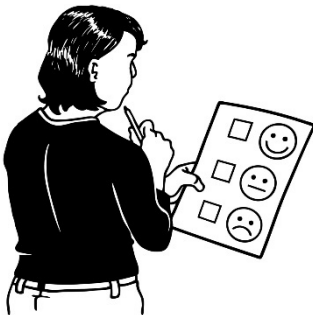


We want to find out why this happens.

# About the questionnaire



We will use this **questionnaire** to ask you about your experiences with supports and services.

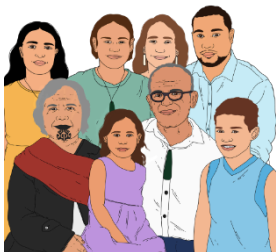


A **questionnaire** is a list of questions that can help us find out more about things we want to know.



We want to hear from:

- disabled people
- whānau / aiga / family of disabled people
- support people.





Enabling Good Lives



We will ask you questions about:

- who you are
- your experiences with supports and services
- **Whaikaha – Ministry of Disabled People**
- **Enabling Good Lives**
- the **United Nations Convention on the Rights of Persons with Disabilities.**



## Enabling Good Lives



**Whaikaha – Ministry of Disabled People** is a new part of the New Zealand government that is:

- working with other government agencies to better support disabled people
- using Enabling Good Lives way of doing things to make disability support services better for:
  - disabled people
  - tāngata whaikaha Māori
  - Pacific disabled people
  - whānau / family of disabled people.



## Enabling Good Lives



**Enabling Good Lives** is about having:

- choice and control in your life
- the support you need and want
- a good life.



The **United Nations Convention on the Rights of Persons with Disabilities** is a law lots of countries have agreed to.

The United Nations Convention on the Rights of Persons with Disabilities is also called the **UNCRPD**.



It says what governments must do to make sure disabled people get the same rights as everybody else.



This questionnaire is **anonymous**.

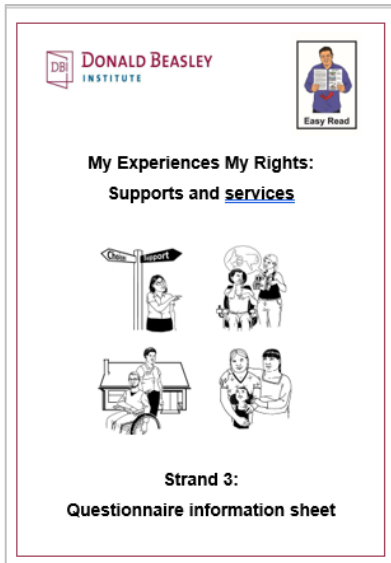


**Anonymous** means that we do not share any information that means other people might know you were part of our research.



You can find out more about this research on the DBI website at:

**<https://bit.ly/dbimonitoring>**



There is an Easy Read document about being part of our research called:

**My Experiences, My Rights:  
Supports and services - Strand 3:  
Questionnaire information sheet**



You can find the Easy Read document at this website link:

**<https://bit.ly/dbimonitoring>**

## Before you start the questionnaire



There are some questions for you to answer on the next few pages.



You can ask someone to support you to complete this questionnaire.

This could be someone you trust like a:



- family member
- friend
- support person.



If you would like us to support you to fill out the questionnaire you can:

- **phone** us on:

**0800 878 839**



- **email** Umi Asaka to make a time to fill out the questionnaire together at:

**[uasaka@donaldbeasley.org.nz](mailto:uasaka@donaldbeasley.org.nz)**

There are lots of ways you can send your completed form back to us.



You can also contact us if you have any questions.



Our **contact details** are on **page 55** of this document.

You can answer the questions in:



- English
- te reo Māori
- New Zealand Sign Language.



You can **email** your form to:

**[uasaka@donaldbeasley.org.nz](mailto:uasaka@donaldbeasley.org.nz)**

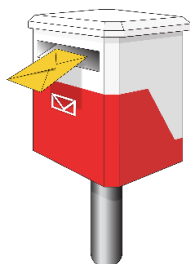
You can **post** your form to:

**Suite 4**

**Level 2**

**248 Cumberland Street**

**Dunedin 9016**



You can also:



- **record** yourself / your voice on video

- **answer** the questions online:

<http://bit.ly/dbquestionnaire>

- **email** this Easy Read form to:

[uasaka@donaldbeasley.org.nz](mailto:uasaka@donaldbeasley.org.nz)

If you use New Zealand Sign Language you should:

- go to the **SeeFlow Direct** website at:

<https://seeflow.co.nz/direct>

- video record your answers on the website.

SeeFlow will send your answers to us.

# Giving your consent



**Giving your consent** is where you say you:

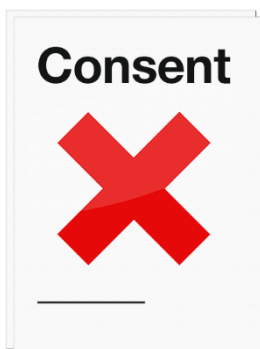
- understand information about the research
- agree to be part of the research.



Please tick ✓ one of the following:

I **do** give my consent to taking part in this questionnaire

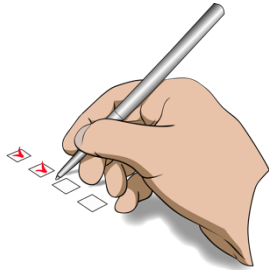
I **do not** give consent to taking part in this questionnaire.



If you do not give consent your answers will not be part of the research.



## Part 1: About you



Put a tick ✓ inside the box to show us your answer:

### Question 1. I am:



I am tangata whaikaha /  
whānau hauā/ a disabled  
person



Deaf

I am Tangata Turi / Deaf / deaf



I am whānau / aiga / family  
member of someone with  
**multiple and complex  
disabilities.**



## Multiple and complex disabilities

means a person has:

- more than 1 disability
- has a disability that is very challenging / affects them a lot.

Here are some other boxes that might fit who you are.



I am a support person of someone with multiple or complex disabilities.

something else – please let us know on the next page.

I am:

.....

.....

## Question 2. My disability is:



Please tell us a little about what kind of disability you have.



If you are filling this in as a support person / family member of a disabled person please tell us about their disability.

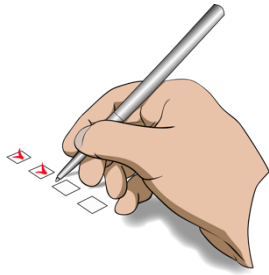
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Put a tick ✓ inside the box to show us your answer:

**Question 3. I am:**



18 to 30 years old

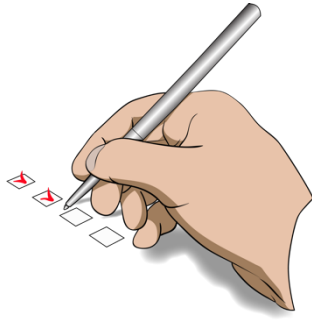


31 to 64 years old



65 years or older

I do not want to tell you

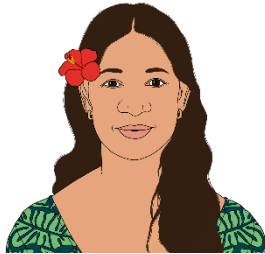


Put a tick ✓ inside the box to show us your answer:

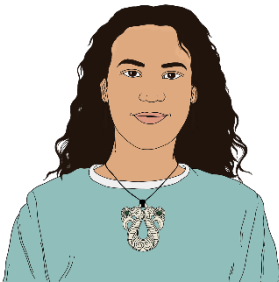


**Question 4. I am:**

tāne / male / a man



wāhine / female / a woman



takatāpui

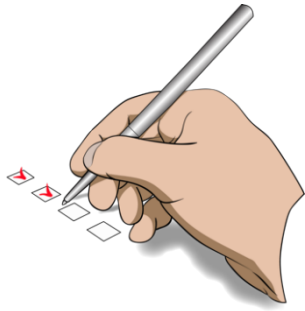
non-binary



something else – please let us know:

.....

I do not want to say.



Put a tick ✓ inside the box next to the choices that fit you best:

**Question 5: My ethnicity is:**



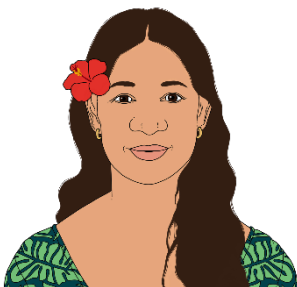
Māori



NZ European / Pākehā



Fijian



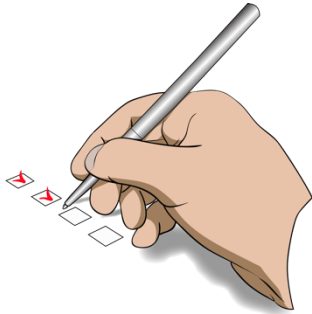
Cook Island Māori

Samoan

Niuean.



Here are some more boxes that might fit your answer about your ethnicity.



Put a tick ✓ inside the box next to the choices that fit you best:



Indian

Chinese



something else – please let us know:

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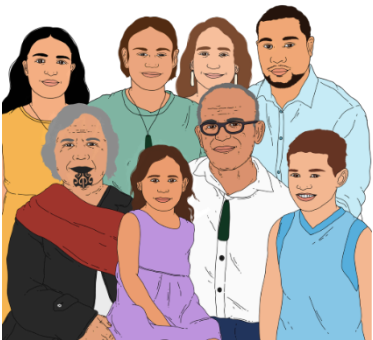
I do not want to tell you.



### Question 6: What is the name of my iwi / hapū / marae?

Move on to the next question if:

- you do not know
- you do not have an iwi / hapū / marae.



My iwi is:

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My hapū is:

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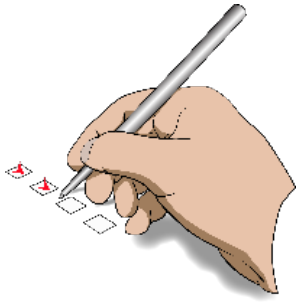




My marae is:

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Put a tick ✓ inside all the boxes that are right for you:

### Question 7. Where I live:



I live by myself

I live with a partner



I live in a flat with other people

I live in a house with staff support



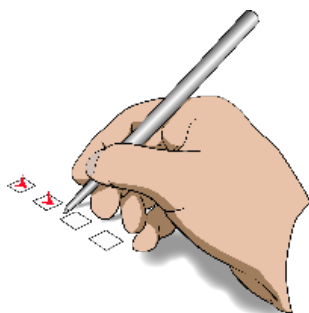
I live with my family

I board with another family



I live in social housing.

Here are some more boxes to tick about where you live.



Put a tick ✓ inside all the boxes that are right for you:



I rent my home from someone

I own my own home



I do not have a place to live

something else – please let us

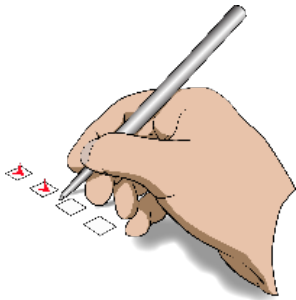
know:

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I do not want to tell you.

## Part 2: Experience with Supports and Services



Put a tick ✓ inside all the boxes that are right for you:

**Question 8. I want to tell you about my experience of support and services with:**



Individualised Funding

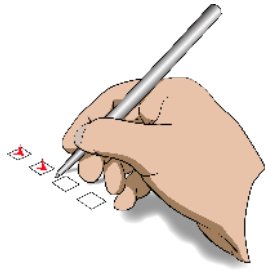
Home and Community Support Services



Residential homes

**Enabling Good Lives**

Enabling Good Lives.



Here are some more boxes to tick about the experience you want to tell us about:



ACC



Te Whatu Ora – used to be called District Health Boards / DHBs



Ministry of Education

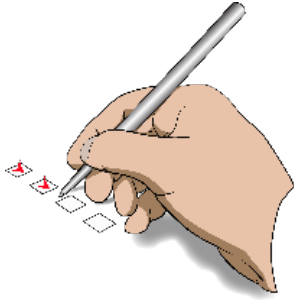


No access to supports or services

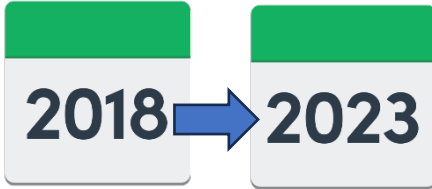
something else – please let us know:

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Put a tick ✓ inside all the boxes that are right for you:



**Question 9: What has been your experiences with supports and services for the past 5 years?**

Some things you might like to tell us about are:



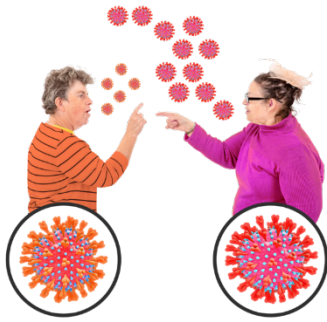
- assessments process like a needs assessment



- funding / paying for support and services



- what support hours are used for
- how the supports and services support you in your everyday life
- how you feel about the support and services organisation / staff.



Some more things you might like to tell us about are:

- how COVID-19 affected your supports and services
- about any supports or services that you cannot get / how this affects your everyday life.

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## Part 3: Whaikaha – Ministry of Disabled People and Enabling Good Lives



Whaikaha – Ministry of Disabled People started in 2022.

### Enabling Good Lives

1 of their jobs is to make sure everyone has access to Enabling Good Lives.



We want to know what you think about Whaikaha – Ministry of Disabled People.



Some things you might like to tell us about Whaikaha – Ministry of Disabled People are:



- what you have heard about them
- the supports and services they offer
- what you hope will happen with Whaikaha
- what you are worried might happen with Whaikaha.



**Question 10: What do you  
think of Whaikaha – Ministry of  
Disabled People?**

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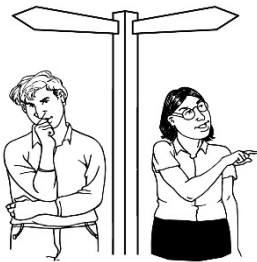


We want to know what you think about Enabling Good Lives.

Some things you might like to tell us about Enabling Good Lives are:



- what you think Enabling Good Lives does
- what you have heard about them



- what you think about changing from the old disability system to Enabling Good Lives



- what you hope will happen with Enabling Good Lives
- what you worry will happen with Enabling Good Lives.

**Question 11: What do you think of Enabling Good Lives?**

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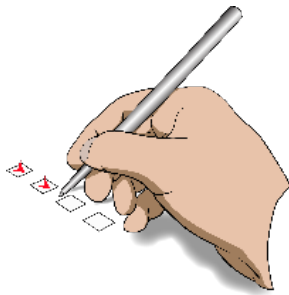
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## Part 4: Awareness



**Question 12: Had you heard of the United Nations Convention on the Rights of Persons with Disabilities before reading this document?**



Put a tick ✓ inside the box to show us your answer:

Yes

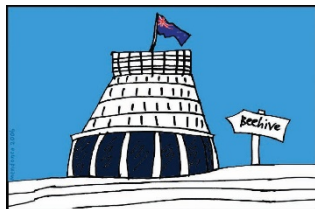
No



Article 19 of the United Nations Convention on the Rights of Persons with Disabilities says that disabled people should:



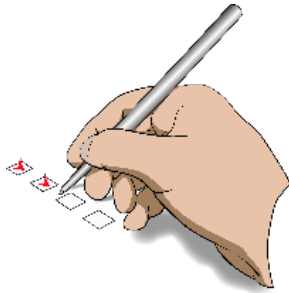
- be able to choose where they live
- be able to choose who they live with
- be able to fully take part in their communities.



1 way the New Zealand Government can do this is by offering supports and services for disabled people.



**Question 13: Do you think the New Zealand government is doing a good job offering supports and services?**



Put a tick ✓ inside the box to show us your answer:

Yes

No





We want to know why you think this.

Some things you might like to tell us about are if the supports and services you get:



- give you choices
- give you control over your life
- support you to live the life you want.



Tell us what you think on the next page.



**Question 14: What do you think about how well the New Zealand Government is offering supports and services?**

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We want you to think about what New Zealand could be like in 5 years time.



For this question we want you to think about / imagine that the New Zealand Government in 2028 is doing a really good job providing supports and services.

**Question 15: What would better supports and services mean for you?**

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**Question 16: What do you think needs to change for those things to happen?**

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**Question 17: Is there anything else you would like to tell us about supports and services?**

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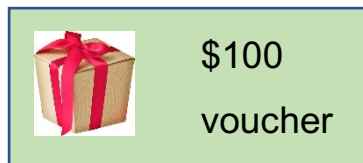
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## Enter to win a voucher



Thank you for finishing our questionnaire.



Everyone who fills in our questionnaire can be part of a draw to win a **voucher** for 1 hundred dollars.

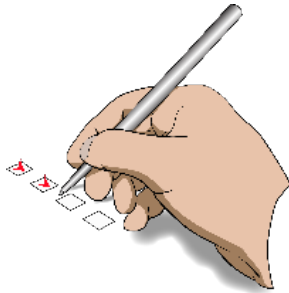


A **voucher** is like money you can only spend in a certain shop / place.



\$100  
voucher

Would you like to enter the draw to win a voucher for 1 hundred dollars?



Put a tick ✓ inside the box to show us your answer:

Yes

No

Please tell us on the next page how we can contact you if you ticked yes.



My name is:

.....

.....



My phone number is:

.....

.....



My email address is:

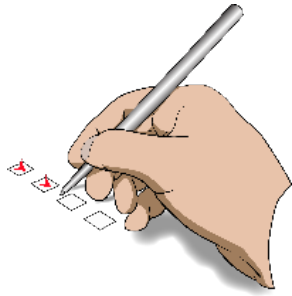
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Is it okay for us to get in touch with you about your answers in this questionnaire?



Put a tick ✓ inside the box to show us your answer:

Yes

No

## Our final report

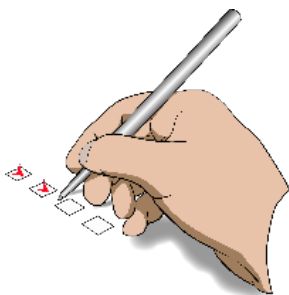


We should have our final report finished in 2025.



We can send you a copy when it is finished.

Would you like us to send you a copy of the final report?



Put a tick ✓ inside the box to show us your answer.

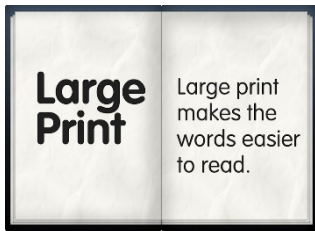
Yes

No

Put a tick next to the box that shows how you would like to get the report:



in English as a PDF



in Plain Text as a Word document



in Large Print

in te reo Māori

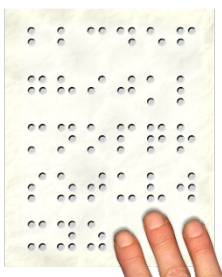
in New Zealand Sign Language



in Easy Read

in Braille

as an audio file.



## How to get in touch with us



You can get in touch with us if you:

- want more information
- have any questions.



You can:

**Phone** us on:

**0800 878 839**



It will not cost you any money to call this number.



You can also **email** us at:

**[uasaka@donaldbeasley.org.nz](mailto:uasaka@donaldbeasley.org.nz)**



You can find more information about the study on our **website** at:

**[www.donaldbeasley.org.nz](http://www.donaldbeasley.org.nz)**



This information has been written by  
The Donald Beasley Institute.



It has been translated into Easy Read  
by the Make it Easy Kia Māmā Mai  
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Ngā Tāngata Tuatahi.



The ideas in this document are not the  
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ESSGEESEE NZ



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