

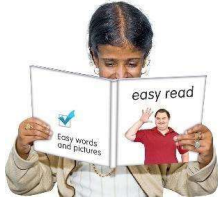


Making a plan to stop the abuse of wāhine whaikaha, Deaf / deaf and disabled women



**Disabled Woman Strand –
Participant Information Booklet**

Before you read this



This Easy Read document talks about **abuse**.



Abuse is when people are:

- not looked after properly
- hurt
- treated badly.



Some information in this document may upset people when they are reading it.



This information is not meant to scare or upset anyone.



If you do not feel safe right now call the police on **111**.



If you are worried or concerned after reading this document you can talk about it with:

- your family
- your friends
- your support workers.



What you will find in this document

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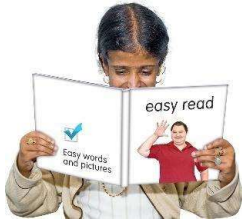


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What is this document about?



This Easy Read document is about some **research** being done by the **Donald Beasley Institute**.



Research is:

- looking at what things have happened
- trying to find out how to do things better.



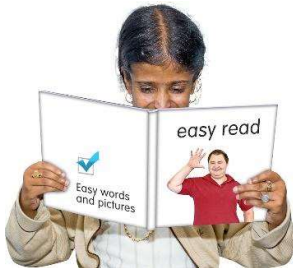
The **Donald Beasley Institute / DBI** does research on the lives of disabled people.

Their main office is in Dunedin in New Zealand.



The research project is called:

**Ka Whakawhanake he Ara Pūrua
hei Kātoitōi i te Mahi Tūkino ki ō
Tātou Wāhine Whaikaha**



**Developing a Twin Track
Response to Family and Sexual
Violence Against Wāhine
Whaikaha, Deaf / deaf and
Disabled Women.**



**A twin-track response to violence
means there are:**

- services that are for everyone including disabled people.
- services that are just for disabled people.





Family violence can mean different things like:

- physical violence like hitting you
- financial abuse like not letting you spend your money
- emotional abuse like calling you names.



Family violence can also mean things like:

- not giving you the care you need
- not letting you see a doctor.



Sexual violence is making you do sexual things when you do not want to.





Wāhine whaikaha means Māori disabled women.



Deaf

Deaf / deaf is a way of talking about both:

- people with a hearing impairment

and

- members of the Deaf community.



DBI will use what we find out in our research to help supports services give better support for:

- wāhine whaikaha
- Deaf / deaf women
- disabled women.





Making a plan to stop the abuse of
wāhine whaikaha, Deaf / deaf and
disabled women



Disabled Woman Strand –
Participant Information Booklet

This **Participant Information Booklet** is to help you decide if you want to let DBI know of your interest in taking part in the research.

Who is doing this research?



A group of researchers from around Aotearoa New Zealand are working on this research.

Some of the researchers are disabled.

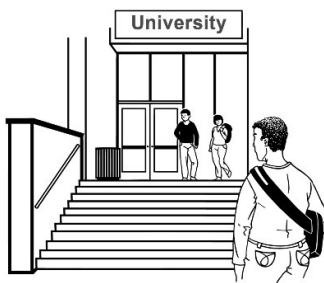


Others have worked with disabled people in research for many years.

This research is being done by people from:



- DBI
- University of Auckland
- University of Waikato.





The researchers from the DBI will be:

- Associate Professor Brigit Mirfin-Veitch
- Dr Kelly Tikao
- Dr Robbie Francis Watene
- Umi Asaka
- Eden Tuisaula
- Aroha Mules.



The researchers from:

- University of Auckland is Dr Debbie Hager
- University of Waikato is Associate Professor Patsie Frawley.



Making a plan to stop the abuse of
wāhine whaikaha, Deaf / deaf and
disabled women



Disabled Woman Strand –
Participant Information Booklet

In this Easy Read document when we say **we** this means the **research team**.

What is this research about?



Many wāhine whaikaha, Deaf / deaf and disabled women experience family / sexual violence.



We do not know how well services support disabled people who seek help because of family / sexual violence.



Disabled people have told government they want a disability rights based way of:

- dealing with family / sexual violence
- supporting people who experience family / sexual violence.





Having better supports includes having a **twin-track response**.

See **page 6** for an explanation of twin-track response.



Having a twin-track response means:

- that all support services should be able to support disabled people
- having a service just for disabled people that meets their needs.



The twin-track approach needs to work well for

- disabled people
- disabled children
- whānau of disabled people.



Why is this research important?



Mā te rongo, ka mōhio

Mā te mōhio, ka mārama

Mā te mārama, ka mātau

Māa te mātau, kia ora.

From listening comes knowledge

From knowledge comes understanding

From understanding comes wisdom

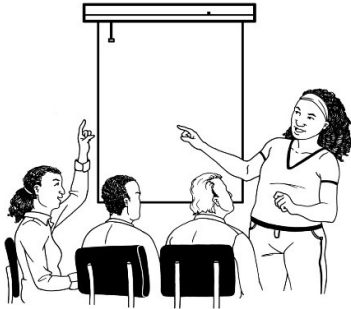
From wisdom comes wellbeing.



Nothing about us without us –
involving disabled people at every
step.



It is important that disabled women who have experienced family / sexual violence are part of working out the twin-track response



It is also important that for the research we talk to people who work / provide support to disabled women.

Who can take part in this research?



We want to talk to **20 wāhine whaikaha / disabled women** who have experienced family / sexual violence.



For this research wāhine / women means people who say they are:

- wāhine whaikaha
- Deaf / deaf women
- disabled women.



You may or may not have asked for help from a family / sexual violence support service.



If you want to take part in the research you need to be:

- over the age of 18 years old
- able to give **informed consent**.



Informed consent is when you:

- are given information about something you have been asked to do

and

- understand that information
- can choose if you want to do what you have been asked to.



What will happen during this research?

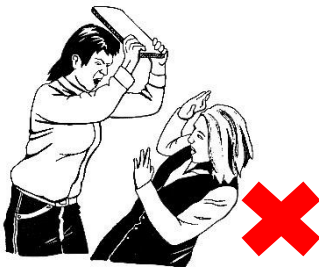


The research team will use the information from woman / services to write up how a twin-track response could work.

If you take part in the research you will:



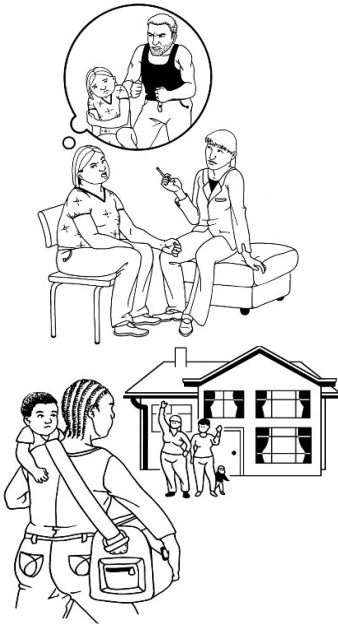
- meet with some of the research team 3 or more times over 2 years
- get to decide where to meet / hold the interview
- not be asked about your experience of family / sexual violence.





In the first meeting / interview you will also be asked questions about:

- if / how you have used family / sexual violence services
- what it was like for you to use family / sexual violence services
- how these services could have worked better for:
 - you
 - other disabled women.



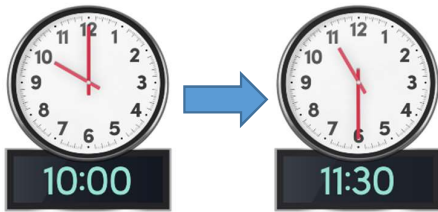
We will also talk together about what family / sexual violence support services would need to offer to disabled woman.



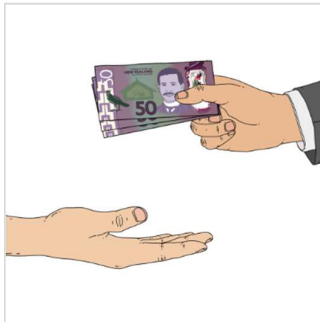
In the second meeting / interview the research team will check what they have written up from your first meeting / interview with you.



In the third meeting / interview the research team will talk with you about how a twin-track response could work.



Each meeting / interview will take about 1 and half hours each.



You will be given 2 hundred dollars for your time over the whole research.



This money will be paid as:

- 1 hundred dollars the first year
- 1 hundred dollars the second year.



Let us know if you need anything to take part in the meetings / interviews like a:

- New Zealand Sign Language interpreter
- accessible meeting room.





What happens if you get upset in the meetings / interviews?



The research team:

- understands that you may want to talk about some things that upset you
- can arrange for you to talk to a trained counsellor or support service.



You can also pull out of the project any time before the final report is written.

No one can make you take part in this research.



It is up to you if you want to take part.

What if you get hurt?



It is unlikely that you will get hurt during this research.



If you do get upset or hurt in any way as part of this research you will be given information about how / where you can get support.

What will happen to the information you share with the research team?



The research will take part using these values:

- **Whakamana** / being ethical which means to do the right thing
- **Whakarakatira** / being respectful
- **Whakawhanaukataka** / getting to know each other and being able to understand each other.



Unless you give **consent** the research team will not talk to anyone about you or what you tell them.



Consent means to say yes to something.



The only time the research team will tell someone else about you is if you tell us that you are:



- being abused / hurt
- are abusing / hurting someone.



We will talk to you before we do this.



All meetings / interviews will be recorded.

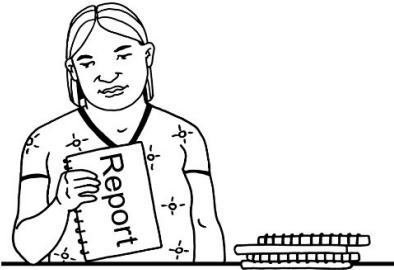
You can stop the recording any time you want to.



We will type up the recordings.



You will be able to read or have read to you what has been written from your meetings / interviews.



The research team will use some of the things you tell us to:

- write up documents like a report
- present at a conference.



We will not use your name or any other personal information in our documents or conference presentations.

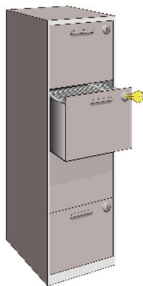
Who will be able to access / use your information and recordings?



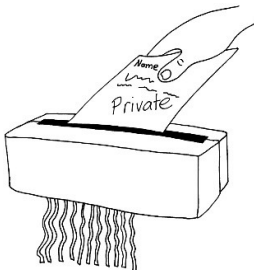
The only people who can access / use your information and recordings are the:



- research team
- transcribers who are people who type up the recordings.



Everything you share with the research team will be kept in a safe place at DBI.



After 10 years it will be destroyed.

What to do if you want to take part in the research?



Fill in the **Participant Interest Form**.

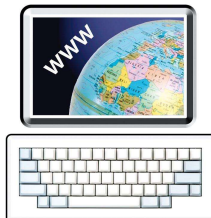
You can:



- post us your Participant Interest Form – there is also an Easy Read Participant Interest Form



- email us your Participant Interest Form



- fill in the online Participant Interest Form on the DBI website:

<https://tinyurl.com/2p8eut2x>



If you use New Zealand Sign Language you can email us your form as an NZSL video.



To get a printed copy of the form you can talk to:

Eden Tuisaula

Kairuruku / Research Assistant

Donald Beasley Institute.

- Free phone: **0800 878 839**

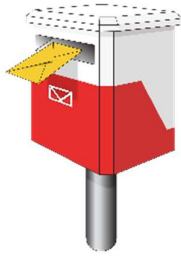


- Email:

etuisaula@donaldbeasley.org.nz



The **0800** number will not cost you any money to call.



You can post your Participant Interest Form:

Donald Beasley Institute

Suite 4, Level 2

348 Cumberland Street

Dunedin 9016

New Zealand



You can also find more information about the Donald Beasley Institute on their **website**:

www.donaldbeasley.org.nz

The research team will call / contact you to:



- talk about the research
- check that you still really want to take part in the research.

If a lot of people want to take part in this research we may not be able to meet / interview everyone.



This is not because we do not think your experience is important.



If you do not get picked to take part in the research we can still keep you updated about the research.

Who to talk to if you want more information

You can talk to:



Brigit Mirfin-Veitch

Kaiwhakahaere/Director

Donald Beasley Institute



- Free call: **0800 878 839**
- Mobile phone: **027 479 2021**



- Email:

bmirfin-veitch@donaldbeasley.org.nz



You can also talk to:

Kelly Tikao

Kāi Tahu, Kāti Māmoe, Waitaha

Kairakahau Matua

Donald Beasley Institute



- Mobile phone: 027 482 6324



- Email:

ktikao@donaldbeasley.org.nz

Who you can talk to if you need independent advice about taking part in the research?



Independent means getting advice / talking to someone who is not part of the research.

You can talk to an independent health and disability advocate on:



Free phone: **0800 555 050**



Email: **advocacy@advocacy.org.nz**

Website: **www.advocacy.org.nz**



A Māori Advisory Rōpū and Disability Advisory Group will oversee what is happening in this research.



The research has also been approved by the **Northern B Health and Disability Ethics Committee.**



The Northern B Health and Disability Ethics Committee is a group of people who make sure that:

- our research is safe
- that we will work with people in a respectful way.





You can contact the Ethics Committee by:

- phone:

0800 4 38442

- email:

hdecs@health.govt.nz





This information has been written by the Donald Beasley Institute.



It has been translated into Easy Read by the Make it Easy Kia Māmā Mai service of People First New Zealand Ngā Tāngata Tuatahi.



The ideas in this document are not the ideas of People First New Zealand Ngā Tāngata Tuatahi.



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