



Research into abortion services for disabled people:



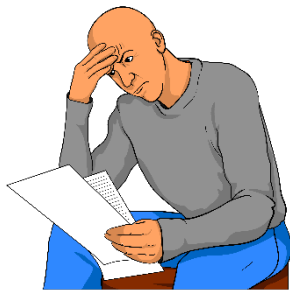
Questionnaire

Published: February 2024

Before you start



This is a long document.



It can be hard for some people to read a document this long.



Some things you can do to make it easier are:

- read it a few pages at a time
- set aside some quiet time to look at it
- have someone read it with you to support you to understand it.



Te reo Māori words in this document

Kōrero Whakamārama



We have chosen to use the **Kai Tahu dialect** for the te reo Māori words in this document.



The **Kai Tahu dialect** is the type of te reo Māori that is spoken in a lot of the South Island.

The Kai Tahu dialect uses a **k** where other types of te reo Māori use **ng**.

What you will find in here

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About this document



This Easy Read document is about being part of **research** done by the **Donald Beasley Institute**.



Research is when we get a lot of information together about something to learn about it.



The **Donald Beasley Institute** is a place that researches things to do with disability.



They are based in Dunedin in New Zealand.

The Donald Beasley Institute is sometimes called the **DBI**.



This research is about what happens for disabled people when they use **abortion** services.



Abortion is when you stop your pregnancy before birth.

This can be done by:

- taking 2 kinds of pills
- having an **operation**.



An **operation** is when a doctor opens a part of your body so they can fix something inside it.

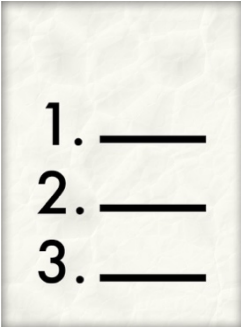


An operation is also sometimes called having surgery.



This part of the research is a **questionnaire**.

A **questionnaire** is a list of questions you can answer.



The questions for the research are in this document.



If you want to take part in the research you can write your answers on this document.



You can ask someone to support you to write your answers like a:

- friend
- family member
- support worker.



How this research will be used



We want to find out how easy / hard it is for disabled people to get abortion services.



We also want to find out if abortion services are done in a way that works for disabled people.



This research will be used by:

- the Government
- healthcare providers like doctors.





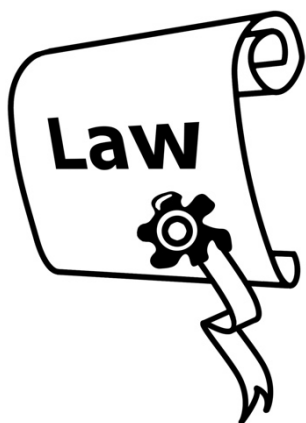
This research will help to make abortion services that:

- treat everyone the same way
- work for more people
- are there for everyone who needs them.





This research will also be used when the government looks at how well the **Abortion Legislation Act 2020** is working.



The **Abortion Legislation Act 2020** means the law about abortion in Aotearoa New Zealand.

It says that:



- people who are under 20 weeks pregnant can get an abortion for any reason
- people who are more than 20 weeks pregnant can get an abortion for some reasons.



About the questionnaire



There are 5 parts to this questionnaire:

- **your informed consent**
- information about you
- your experiences with abortion services
- your ideas for making abortion services better
- if you want:
 - to do an interview
 - support with things this questionnaire has brought up
 - us to tell you about our research later.





Informed consent means you:

- agree to something
- understand:
 - what your choices are
 - what could happen.

You can write your answers on this document.

You can ask someone to support you to write your answers like a:

- friend
- family member
- support worker



You do not need to tell us anything you do not feel okay about us knowing.



Our researchers are the only people who will see your information.



We will not use this information in any way that can tell people who you are.

Consent



This is where you say you:

- understand information about the research
- agree to be part of the research.



This consent form is for the questionnaire.

You may need to do another consent form for taking part in other parts of the research.



Please tick ✓ the boxes if you agree with what is written next to them.



I know what the information I have been given means.



I have had enough time to decide if I want to take part in the research.



Please tick ✓ the boxes if you agree with what is written next to them.



I have been able to have a person I trust with me when I learned about the research.



I am happy with the information I have been given about the research.



I understand that taking part in this research is my choice.



I understand that I can choose to stop being a part of the research at any time.



Please tick ✓ the boxes if you agree with what is written next to them.



If I decide not to be part of the research anymore I can choose if the interviewer can use the things I have already told them.



I agree that the researchers can:

- see my information
- use my information.



I will only talk about my own experiences.



Please tick ✓ the boxes if you agree with what is written next to them.



I understand that the things that we talk about in the interview are private which means that they can not be shared with other people



I understand that information about me will not be told to anyone else.



Please tick ✓ the boxes if you agree with what is written next to them.



I understand that the research team will not talk to anyone else about what I have told them unless:

- I am in danger
- someone else is in danger.



I understand that the research team will talk to me first if they are worried about me.



I know who to contact if I have any questions about the research.



Please tick ✓ the box if you agree with what is written next to it.



I know the researchers might contact me again if I have said I want:

- to do an interview
- some support
- them to tell me more about the research later.



I understand what I need to do if I am part of this research.



Please tick ✓ 1 answer for this question:

I agree to be part of this research:



Yes

No

About you



Please tell us a bit about:

- you
- your disability / disabilities
- the things that affect your life.



Some things you might want to write about are:

- your age
- what disability / disabilities you have
- your family
- where you live





You might also want to tell us about:

- your **gender**
- your **sexuality**.
- your **ethnicity**



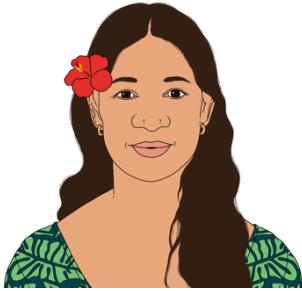
Gender is if you are:

- a woman
- a man
- another gender like nonbinary.



Sexuality is about what gender people you:

- want to date
- want to have sex with.



Ethnicity means your:

- race like:
 - Māori
 - Pākehā / New Zealand European
 - Samoan
- background like whether you:
 - were born in Aotearoa New Zealand
 - moved to Aotearoa New Zealand from another country.



You do not need to tell us anything you do not want to.



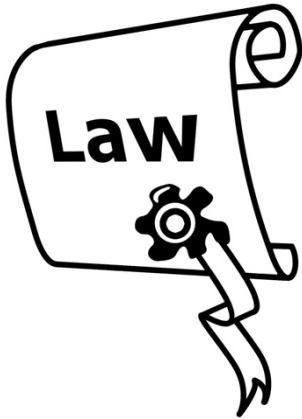
Write your answers on the lines on the next page.



You do not need to fill up all the lines.

You can use extra paper if you need to.

Your experiences with abortion services



We want to know about your experiences with abortion services after the Abortion Legislation Act started in 2020.

Please tell us about your experiences with abortion services:

- in Aotearoa New Zealand
- after 2020.



Some things you might want to write about are:

- the abortion services you needed like:



- talking to someone to support you to choose if you want to have an abortion



- support with the feelings you had about being pregnant

- having an abortion



- getting information about **contraception** after an abortion.



Contraception means things to stop you getting pregnant when you have sex.

You might also want to write about:



- if you got the services you needed

- if someone made you use abortion services.



- how many weeks pregnant you were



- what happened when you used abortion services

- what was easy / hard about using abortion services



- how using abortion services made you feel



- how well the service you used understood about your disability.



Some other things you could write about are:



- if you had an abortion what sort of care you got afterwards
- how well any care you got after having an abortion worked for you.



You do not need to tell us anything you do not want to.



Write your answers on the lines on the next pages.

You do not need to fill up all the lines.



You can use extra paper if you need to.

A series of 20 horizontal dotted lines spanning the width of the page, providing a template for writing.

Making abortion services better for disabled people



We want to know your ideas about how abortion services in Aotearoa New Zealand could change to:



- work better for disabled people
- be more **accessible**
- be more **inclusive**.



Accessible means how easy it is to:

- get to a place
- move around a place
- do things in a place.



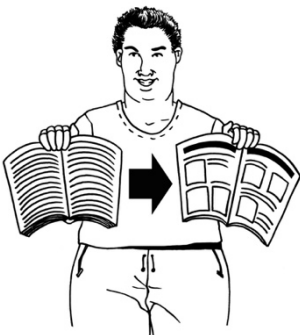
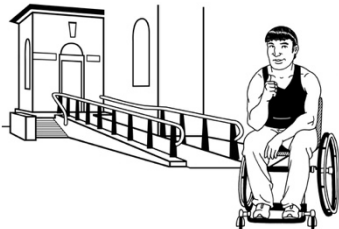
Inclusive means that something:

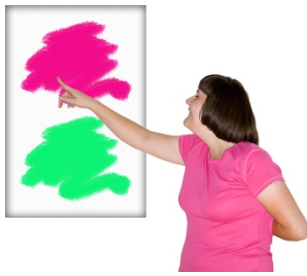
- works for everyone
- treats everyone fairly.



Some things you might want to write about are how to make sure disabled people can:

- get to the abortion services they need
- move around the places where abortion services happen
- feel okay when using abortion services
- get information / advice that they can understand
- get support for their feelings about needing abortion services.

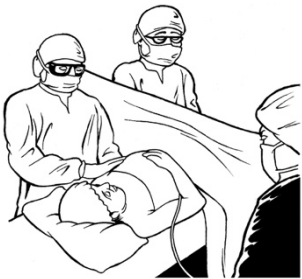




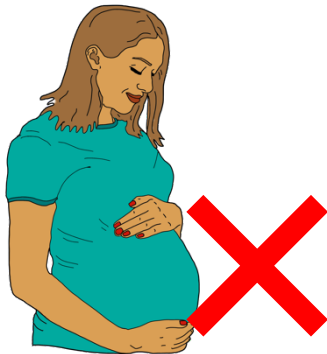
We want to know what you think should happen to make sure disabled people can make their own choices about:



- having an abortion
- having a family / children
- **sterilisation.**



Sterilisation means having an operation that stops you from ever being able to:



- get pregnant
- make another person pregnant.



Write your answers on the lines on the next pages.

You do not need to fill up all the lines.



You can use extra paper if you need to.

What happens next



This is the end of the questionnaire.



Thank you for telling us about your:

- experiences
- ideas.



Our researchers will now read all of the questionnaires.



We will think about what everyone has told us.



For the next part of the research we want to **interview 12** people.



Interview means meeting with one of our researchers.



They will ask you questions about your experiences with abortion services.



You can find more information about the interviews here:



bit.ly/30XvG8D



Please put a tick ✓ in 1 box for each question:



I want to do an interview about my experiences with abortion services.



Yes

No



I need some support with something this questionnaire has brought up.



Yes

No



Please put a tick ✓ in 1 box :

I would like updates about how the research is going.



Yes

No

If you ticked **yes** for any of these 3 questions then please write your contact information on the next page.



1 of our team will get in touch with you.



The information about your name / address will not be given to the people who read your answers to the questionnaire.



My name is:

.....



My address to send mail to is:

.....

.....

.....

.....



My email address is:

.....



My phone / mobile number is:

.....

More information



You can contact us about this research if you have any:

- questions
- worries.



Lydie Schmidt is one of the researchers for this research.



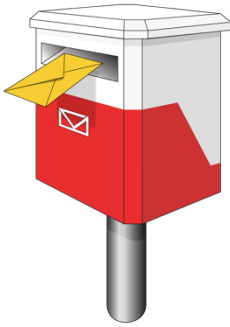
You can phone Lydie on:

0800 872 839



You can also email Lydie at:

lschmidt@donaldbeasley.org.nz



You can write to us at:

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New Zealand



To find out more about what we do
you can go to our website at:

www.donaldbeasley.org.nz



Some parts of our website are not in
Easy Read.



This information has been written by the Donald Beasley Institute.



It has been translated into Easy Read by the Make it Easy Kia Māmā Mai service of People First New Zealand Ngā Tāngata Tuatahi.



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